

Our Values



Whanaungatanga Relationships

That everything we do is based on the quality of relationships with others; staff, clients, family, whānau, community, partners and funders.



Pono Trustworthy

Acting with integrity, respect and honesty. That we will be worthy of the trust that is placed in us by those who seek our support.



Manawanui Courageous

Making a difference by taking difficult steps together. Having courageous conversations and together changing harmful behaviour.



Ngākaunui Compassionate

That we will take time to think about others, and what they are experiencing, and respond with warmth. Caring for each other's wellbeing and potential.



Hiringa Excellence

That we act from our knowledge of best practice and with the best outcome for all in mind. We are accountable for our actions and practice.

" *Hei ahei te whakakite o tēnei wāhi i orite ki te wakahuia he wāhi kia whakapoho, whakatiaki i a tātou katoa.*

Let this place be seen the same as the wakahuia. A place with the purpose of treasuring and protecting all. "

Contact Us

www.wellstop.org.nz

0800 WELL STOP
(0800 9355 7867)



WELLSTOP

◆ WHIRIA TE TANGATA ◆

Services for:

**Crisis Support & ACC
Sensitive Claims Counselling**



Who We Are

WellStop is a community-based organisation that aims to eliminate harmful sexual behaviour.

WellStop's sexual harm crisis support and counselling services provide support and therapy for people who have been affected by sexual harm.



How to Access Our Services

WellStop accepts self-referral from people who need our support. Our services are available for children, young people and adults.

We also receive referrals from Police, medical professionals, and other agencies in the community.

Call us on 0800 WELLSTOP (0800 9355 7867) or visit our website www.wellstop.org.nz to find out how we can support you.



You can find more about our services on our website:

www.wellstop.org.nz



Or Call us:

0800 WELLSTOP (0800 9355 7867)

How We Can Help

WellStop provides crisis support, advocacy, and social work services for adults, youth and children affected by sexual harm and their family/whānau.

Crisis Support

Our crisis support service provides immediate support for people affected by sexual harm in the Taranaki, Ruapehu, and Wairoa regions. The service is available to people of all ages and their family/whānau.

Our crisis support team can assist with:

- **Someone to talk with about the trauma you have experienced.**
- **Support with reporting sexual harm, safety planning, and going through evidential or medical procedures.**
- **Support to access other assistance, like emergency housing or financial support.**
- **Resources and information to help better understand sexual harm and how to cope with its impacts.**

Crisis support is available at all stages after sexual harm. This may be immediately after an incident, or further along while coping with the impacts of historic experiences.

Crisis support is provided free of charge and is available on call whenever needed - there is no waiting list for this service.

Counselling

WellStop provides ACC Sensitive Claims counselling for victims/survivors of sexual harm and their family or whānau. Our counsellors are available for brief and full assessments, short-term therapy, and long-term therapy.

Therapy can assist victims/survivors to understand and develop coping strategies for the wide range of effects that trauma and sexual harm can have.

This service is funded by ACC and is subject to availability and ACC funding criteria.



Support for Family and Whānau

Sexual harm can be very difficult for family/whānau too, especially when children and young people are involved. WellStop can provide support to assist family and whānau with:

- **Someone to talk with about the trauma you've experienced.**
- **Support to understand sexual harm and the impacts it has.**
- **Support to identify coping strategies.**
- **Working out how you can support your child, young person, or family member.**

WellStop is a safe, confidential space (within limits of safety) to support people affected by sexual harm. We do our mahi with aroha and compassion.

Supporting Safer Communities



WellStop is committed to supporting others in the community to understand and deal with issues relating to harmful sexual behaviour and sexual violence.

We can provide support and education to schools and other organisations to help manage the impacts harmful sexual behaviour.