

## Our Values



### Whanaungatanga Relationships

That everything we do is based on the quality of relationships with others; staff, clients, family, whānau, community, partners and funders.



### Pono Trustworthy

Acting with integrity, respect and honesty. That we will be worthy of the trust that is placed in us by those who seek our support.



### Manawanui Courageous

Making a difference by taking difficult steps together. Having courageous conversations and together changing harmful behaviour.



### Ngākaunui Compassionate

That we will take time to think about others, and what they are experiencing, and respond with warmth. Caring for each other's wellbeing and potential.



### Hiringa Excellence

That we act from our knowledge of best practice and with the best outcome for all in mind. We are accountable for our actions and practice.

" *Hei ahei te whakakite o tēnei wāhi i orite ki te wakahuia he wāhi kia whakapoho, whakatiaki i a tātou katoa.*

*Let this place be seen the same as the wakahuia. A place with the purpose of treasuring and protecting all.* "

## Contact us

[www.wellstop.org.nz](http://www.wellstop.org.nz)

Eastern / Central Region:  
06 842 2430

Western Region:  
06 758 4178

Southern Region:  
04 566 4745



# WELLSTOP

◆ WHIRIA TE TANGATA ◆

**Services for  
Tamariki / Children**

## Who We Are

WellStop is a community-based organisation that aims to eliminate harmful sexual behaviour by enabling positive choices, strong whānau, and safer communities.

We work proactively with clients and partners in the community to achieve this.



## What We Do for Tamariki/ Children

At WellStop, we provide assessment, support, and therapy services for children who display harmful sexual behaviours. We also support their families, whānau, and other significant parties (e.g. school).

### Assessment

For most children and their families, coming to WellStop is a big step. It starts with an assessment where we work with you to figure out whether your child has a problem with harmful sexual behaviour, and if so, how big the problem is.

Sometimes behaviours might be normal for the child's age or stage of development. Where not, the assessment helps us to make sense of why the child is struggling in this way and provides options to support the child to develop sexually appropriate behaviours and boundaries for their age.

This could include discussing ways whānau can support their child, therapy with WellStop, and/or referral to other services in the community.

## Supporting Safer Whānau

While we are figuring out the best way to support your child and whānau, it is important that we put in place some plans to keep your child and others safe. We'll work with you to develop a safety plan so that problems can be managed and everyone knows what they need to do.

We will keep working closely with and supporting family, whānau, and support people throughout the therapy process as needed.



### Therapy

We offer individualised therapy plans that are developed to meet the needs of the child and their family and whānau.

We believe that the earlier the child, their family and whānau can get therapy, the easier it is for them to change their behaviour. This reduces the harm caused by problems getting worse over time.

Individualised therapy programmes may include a combination of the following:

- Child-centred therapy
- Family and whānau therapy
- Social support
- Collaboration with other agencies involved with the child (e.g. school)

Therapy with children tends to be a brief intervention and can range from very brief intervention (1-4 sessions) to 3-6 months of therapy (depending on need), with more sessions available if necessary.

Regular review meetings are held every three months with everyone involved (family, whānau, young person, other agencies) to review progress and set further goals if needed.

## What We Don't Do

We are not here to judge, punish, shame or blame. WellStop is a safe, confidential space (within limits of safety) to support children, youth and their whānau. We do our work with aroha and compassion.



## Supporting Safer Communities

WellStop is committed to supporting others in the community to understand and deal with issues relating to harmful sexual behaviour and sexual violence.

We can provide consultation, education, and support to schools and other organisations managing children and young people who display harmful sexual behaviour.

WellStop also provide services for rangatahi/teenagers and adults, and for people who have been harmed by sexual violence.



You can find more about our services on our website:

[www.wellstop.org.nz](http://www.wellstop.org.nz)